

F.C. Portland Training Schedule Nov.23- Nov.29

| DAY/TIME | CLIVE CHARLES FIELD (WEST) | | Stadium (Central) | | JV (East) | |
|---------------------|----------------------------|---------------|-------------------|-----------|-----------|-----------|
| | West | East | West | East | North | South |
| Monday 6:00 | | | | | | |
| - 7:30 7:30 - 9:00 | U11 Boys | Young Keepers | U12 Girls | | | |
| | | | U17 Girls | | | |
| Tuesday 6:00 | | | | | | |
| - 7:30 7:30 - 9:00 | U16 Boys | U14 Girls | U13 Boys | | U11 Girls | |
| | U15 Girls | | U16 Girls | | U15 Boys | U18 Girls |
| Wednesday | | | | | | |
| 6:00 - 7:30 | U11 Boys | | U13 Boys | U12 Boys | U13 Girls | |
| 7:30 - 9:00 | U16 Boys | U14 Boys | U18 Boys | U17 Boys | U15 Boys | |
| Thursday | | | | | | |
| 6:00 - 7:30 | U14 Boys | | | U12 Girls | U12 Boys | |
| 7:30 - 9:00 | U16 Girls | U15 Girls | U18 Girls | U17 Girls | U13 Girls | U17 Boys |
| Friday | | | | | | |
| 6:00 - 7:30 | | | | | | |
| 7:30 - 9:00 | | | | | | |
| Saturday | | | | | | |
| Sunday | U15 - 18 Girls 4:00 - 5:45 | | | | | |

F.C. Portland Training Schedule Nov.30 - Dec. 6

| DAY/TIME | CLIVE CHARLES FIELD (WEST) | | Stadium (Central) | | JV (East) | |
|---------------------|----------------------------|---------------|-------------------|-----------|-----------|-----------|
| | West | East | West | East | North | South |
| Monday 6:00 | | | | | | |
| - 7:30 7:30 - 9:00 | U11 Boys | Young Keepers | U12 Girls | | | |
| | | | U17 Girls | | | |
| Tuesday 6:00 | | | | | | |
| - 7:30 7:30 - 9:00 | U16 Boys | U14 Girls | U13 Boys | | U11 Girls | |
| | U15 Girls | | U16 Girls | | U15 Boys | U18 Girls |
| Wednesday | | | | | | |
| 6:00 - 7:30 | U11 Boys | | U13 Boys | U12 Boys | U13 Girls | |
| 7:30 - 9:00 | U16 Boys | U14 Boys | U18 Boys | U17 Boys | U15 Boys | |
| Thursday | | | | | | |
| 6:00 - 7:30 | U14 Boys | | | U12 Girls | U12 Boys | |
| 7:30 - 9:00 | U16 Girls | U15 Girls | U18 Girls | U17 Girls | U13 Girls | U17 Boys |
| Friday | | | | | | |
| 6:00 - 7:30 | | | | | | |
| 7:30 - 9:00 | | | | | | |
| Saturday | | | | | | |
| Sunday | U15 - 18 Girls 4:00 - 5:45 | | | | | |

F.C. Portland Training Schedule Dec 7 - 13

| DAY/TIME | CLIVE CHARLES FIELD (WEST) | | Stadium (Central) | | JV (East) | |
|---------------------|----------------------------|---------------|-------------------|-----------|-----------|-----------|
| | West | East | West | East | North | South |
| Monday 6:00 | | | | | | |
| - 7:30 7:30 - 9:00 | U11 Boys | Young Keepers | U12 Girls | | | |
| | | | U17 Girls | | | |
| Tuesday 6:00 | | | | | | |
| - 7:30 7:30 - 9:00 | U16 Boys | U14 Girls | U13 Boys | | U11 Girls | |
| | U15 Girls | | U16 Girls | | U15 Boys | U18 Girls |
| Wednesday | | | | | | |
| 6:00 - 7:30 | U11 Boys | | U13 Boys | U12 Boys | U13 Girls | |
| 7:30 - 9:00 | U16 Boys | U14 Boys | U18 Boys | U17 Boys | U15 Boys | |
| Thursday | | | | | | |
| 6:00 - 7:30 | U14 Boys | | | U12 Girls | U12 Boys | |
| 7:30 - 9:00 | U16 Girls | U15 Girls | U18 Girls | U17 Girls | U13 Girls | U17 Boys |
| Friday | | | | | | |
| 6:00 - 7:30 | | | | | | |
| 7:30 - 9:00 | | | | | | |
| Saturday | | | | | | |
| Sunday | U15 - 18 Girls 4:00 - 5:45 | | | | | |

F.C. Portland Training Schedule Dec 14-21

| DAY/TIME | CLIVE CHARLES FIELD (WEST) | | Stadium (Central) | | JV (East) | |
|---------------------|----------------------------|---------------|-------------------|-----------|-----------|-----------|
| | West | East | West | East | North | South |
| Monday 6:00 | | | | | | |
| - 7:30 7:30 - 9:00 | U11 Boys | Young Keepers | U12 Girls | | | |
| | | | U17 Girls | | | |
| Tuesday 6:00 | | | | | | |
| - 7:30 7:30 - 9:00 | U16 Boys | U14 Girls | U13 Boys | | U11 Girls | |
| | U15 Girls | | U16 Girls | | U15 Boys | U18 Girls |
| Wednesday | | | | | | |
| 6:00 - 7:30 | U11 Boys | | U13 Boys | U12 Boys | U13 Girls | |
| 7:30 - 9:00 | U16 Boys | U14 Boys | U18 Boys | U17 Boys | U15 Boys | |
| Thursday | | | | | | |
| 6:00 - 7:30 | U14 Boys | | | U12 Girls | U12 Boys | |
| 7:30 - 9:00 | U16 Girls | U15 Girls | U18 Girls | U17 Girls | U13 Girls | U17 Boys |
| Friday | | | | | | |
| 6:00 - 7:30 | | | | | | |
| 7:30 - 9:00 | | | | | | |
| Saturday | | | | | | |
| Sunday | U15 - 18 Girls 4:00 - 5:45 | | | | | |

F.C. Portland Training Schedule Dec 21-27

| DAY/TIME | CLIVE CHARLES FIELD (WEST) | | Stadium (Central) | | JV (East) | |
|---------------------|----------------------------|---------------|-------------------|-----------|-----------|-----------|
| | West | East | West | East | North | South |
| Monday 6:00 | | | | | | |
| - 7:30 7:30 - 9:00 | U11 Boys | Young Keepers | U12 Girls | | | |
| | | | U17 Girls | | | |
| Tuesday 6:00 | | | | | | |
| - 7:30 7:30 - 9:00 | U16 Boys | U14 Girls | U13 Boys | | U11 Girls | |
| | U15 Girls | | U16 Girls | | U15 Boys | U18 Girls |
| Wednesday | | | | | | |
| 6:00 - 7:30 | U11 Boys | | U13 Boys | U12 Boys | U13 Girls | |
| 7:30 - 9:00 | U16 Boys | U14 Boys | U18 Boys | U17 Boys | U15 Boys | |
| Thursday | | | | | | |
| 6:00 - 7:30 | U14 Boys | | | U12 Girls | U12 Boys | |
| 7:30 - 9:00 | U16 Girls | U15 Girls | U18 Girls | U17 Girls | U13 Girls | U17 Boys |
| Friday | | | | | | |
| 6:00 - 7:30 | | | | | | |
| 7:30 - 9:00 | | | | | | |
| Saturday | | | | | | |
| Sunday | U15 - 18 Girls 4:00 - 5:45 | | | | | |

F.C. Portland Training Schedule Dec 28 - Jan 3

| DAY/TIME | CLIVE CHARLES FIELD (WEST) | | Stadium (Central) | | JV (East) | |
|---------------------|----------------------------|---------------|-------------------|-----------|-----------|-----------|
| | West | East | West | East | North | South |
| Monday 6:00 | | | | | | |
| - 7:30 7:30 - 9:00 | U11 Boys | Young Keepers | U12 Girls | | | |
| | | | U17 Girls | | | |
| Tuesday 6:00 | | | | | | |
| - 7:30 7:30 - 9:00 | U16 Boys | U14 Girls | U13 Boys | | U11 Girls | |
| | U15 Girls | | U16 Girls | | U15 Boys | U18 Girls |
| Wednesday | | | | | | |
| 6:00 - 7:30 | U11 Boys | | U13 Boys | U12 Boys | U13 Girls | |
| 7:30 - 9:00 | U16 Boys | U14 Boys | U18 Boys | U17 Boys | U15 Boys | |
| Thursday | | | | | | |
| 6:00 - 7:30 | U14 Boys | | | U12 Girls | U12 Boys | |
| 7:30 - 9:00 | U16 Girls | U15 Girls | U18 Girls | U17 Girls | U13 Girls | U17 Boys |
| Friday | | | | | | |
| 6:00 - 7:30 | | | | | | |
| 7:30 - 9:00 | | | | | | |
| Saturday | | | | | | |
| Sunday | U15 - 18 Girls 4:00 - 5:45 | | | | | |

F.C. Portland Training Schedule Jan.4-10

| Day/Time | Clive Charles (West) | | Stadium (Central) | | JV (East) | | UP | POP | Catlin |
|---------------------|----------------------|-------------------|-------------------|-------------------|-----------|-----------|-----------|------|-----------|
| | West | East | West | East | North | South | | | |
| Monday 6:00 | | | | | | | | | |
| - 7:30 7:30 - | U11 Boys | Young Keepers | | | U10 Boys | U10 Girls | | Jrs. | |
| 9:00 | U13-15 B Funct.T. | U16-18 B Funct.T. | U13-15 G Funct.T. | U16-18 G Funct.T. | | | | | |
| Tuesday 6:00 | | | | | | | | | |
| - 7:30 7:30 - | U16 Boys | U14 Girls | U13 Boys | | U11 Girls | | | | U12 Girls |
| 9:00 | U15 Girls | | U16 Girls | | U15 Boys | U18 Girls | | | U17 Girls |
| Wednesday | | | | | | | | | |
| 6:00 - 7:30 | U11 Boys | | U13 Boys | U12 Boys | U13 Girls | U10 Boys | U14 Girls | Jrs. | |
| 7:30 - 9:00 | U16 Boys | U14 Boys | U18 Boys | U17 Boys | U15 Boys | | | | |
| Thursday | | | | | | | | | |
| 6:00 - 7:30 | U14 Boys | | U10 Girls | U11 Girls | U12 Boys | | U18 Boys | | U12 Girls |
| 7:30 - 9:00 | U16 Girls | U15 Girls | U18 Girls | U17 Boys | U13 Girls | | | | U17 Girls |
| Friday | | | | | | | | | |
| 6:00 - 7:30 | | | | | | | | | |
| 7:30 - 9:00 | | | | | | | | | |
| Saturday | | | | | | | | | |
| | | | | | | | | | |
| Sunday | | | | | | | | | |

F.C. Portland Training Schedule Jan 11-17

| Day/Time | Clive Charles (West) | | Stadium (Central) | | JV (East) | | UP | POP | Catlin |
|------------------------------|-------------------------|-------------------|-------------------------|-------------------|-------------------------|-----------|-----------|------|-----------|
| | West | East | West | East | North | South | | | |
| Monday 6:00 | | | | | | | | | |
| - 7:30 7:30 - 9:00 | U11 Boys | Young Keepers | | | U10 Boys | U10 Girls | | Jrs. | |
| | U13-15 B Funct.T. | U16-18 B Funct.T. | U13-15 G Funct.T. | U16-18 G Funct.T. | | | | | |
| Tuesday 6:00 | | | | | | | | | |
| - 7:30 7:30 - 9:00 | U16 Boys | U14 Girls | U13 Boys | | U11 Girls | | | | U12 Girls |
| | U15 Girls | | U16 Girls | | U15 Boys | U18 Girls | | | U17 Girls |
| Wednesday 6:00 - 7:30 | | | | | | | | | |
| 7:30 - 9:00 | U11 Boys | | U13 Boys | U12 Boys | U13 Girls | U10 Boys | U14 Girls | Jrs. | |
| | U16 Boys | U14 Boys | U18 Boys | U17 Boys | U15 Boys | | | | |
| Thursday 6:00 - 7:30 | | | | | | | | | |
| 7:30 - 9:00 | U14 Boys | | U10 Girls | U11 Girls | U12 Boys | | U18 Boys | | U12 Girls |
| | U16 Girls | U15 Girls | U18 Girls | U17 Boys | U13 Girls | | | | U17 Girls |
| Friday 6:00 - 7:30 | | | | | | | | | |
| 7:30 - 9:00 | Winter College Showcase | | Winter College Showcase | | Winter College Showcase | | | | |
| Saturday 6:00 - 7:30 | | | | | | | | | |
| 7:30 - 9:00 | Winter College Showcase | | Winter College Showcase | | Winter College Showcase | | | | |
| Sunday 6:00 - 7:30 | | | | | | | | | |
| 7:30 - 9:00 | Winter College Showcase | | Winter College Showcase | | Winter College Showcase | | | | |

F.C. Portland Training Schedule Jan 18-24

| Day/Time | Clive Charles (West) | | Stadium (Central) | | JV (East) | | UP | POP | Catlin |
|------------------------------|----------------------|-------------------|-------------------|-------------------|-----------|-----------|-----------|------|-----------|
| | West | East | West | East | North | South | | | |
| Monday 6:00 | | | | | | | | | |
| - 7:30 7:30 - 9:00 | U11 Boys | Young Keepers | | | U10 Boys | U10 Girls | | Jrs. | |
| | U13-15 B Funct.T. | U16-18 B Funct.T. | U13-15 G Funct.T. | U16-18 G Funct.T. | | | | | |
| Tuesday 6:00 | | | | | | | | | |
| - 7:30 7:30 - 9:00 | U16 Boys | U14 Girls | U13 Boys | | U11 Girls | | | | U12 Girls |
| | U15 Girls | | U16 Girls | | U15 Boys | U18 Girls | | | U17 Girls |
| Wednesday 6:00 - 7:30 | U11 Boys | | U13 Boys | U12 Boys | U13 Girls | U10 Boys | U14 Girls | Jrs. | |
| 7:30 - 9:00 | U16 Boys | U14 Boys | U18 Boys | U17 Boys | U15 Boys | | | | |
| Thursday 6:00 - 7:30 | U14 Boys | | U10 Girls | U11 Girls | U12 Boys | | U18 Boys | | U12 Girls |
| 7:30 - 9:00 | U16 Girls | U15 Girls | U18 Girls | U17 Boys | U13 Girls | | | | U17 Girls |
| Friday 6:00 - 7:30 | | | | | | | | | |
| 7:30 - 9:00 | | | | | | | | | |
| Saturday | | | | | | | | | |
| Sunday | | | | | | | | | |

F.C. Portland Training Schedule Jan 25-31

| Day/Time | Clive Charles (West) | | Stadium (Central) | | JV (East) | | UP | POP | Catlin |
|---------------------|----------------------|-------------------|-------------------|-------------------|-----------|-----------|-----------|------|-----------|
| | West | East | West | East | North | South | | | |
| Monday 6:00 | | | | | | | | | |
| - 7:30 7:30 - | U11 Boys | Young Keepers | | | U10 Boys | U10 Girls | | Jrs. | |
| 9:00 | U13-15 B Funct.T. | U16-18 B Funct.T. | U13-15 G Funct.T. | U16-18 G Funct.T. | | | | | |
| Tuesday 6:00 | | | | | | | | | |
| - 7:30 7:30 - | U16 Boys | U14 Girls | U13 Boys | | U11 Girls | | | | U12 Girls |
| 9:00 | U15 Girls | | U16 Girls | | U15 Boys | U18 Girls | | | U17 Girls |
| Wednesday | | | | | | | | | |
| 6:00 - 7:30 | U11 Boys | | U13 Boys | U12 Boys | U13 Girls | U10 Boys | U14 Girls | Jrs. | |
| 7:30 - 9:00 | U16 Boys | U14 Boys | U18 Boys | U17 Boys | U15 Boys | | | | |
| Thursday | | | | | | | | | |
| 6:00 - 7:30 | U14 Boys | | U10 Girls | U11 Girls | U12 Boys | | U18 Boys | | U12 Girls |
| 7:30 - 9:00 | U16 Girls | U15 Girls | U18 Girls | U17 Boys | U13 Girls | | | | U17 Girls |
| Friday | | | | | | | | | |
| 6:00 - 7:30 | | | | | | | | | |
| 7:30 - 9:00 | | | | | | | | | |
| Saturday | | | | | | | | | |
| | | | | | | | | | |
| Sunday | | | | | | | | | |

F.C. Portland Training Schedule Feb 1-7

| Day/Time | Clive Charles (West) | | Stadium (Central) | | JV (East) | | UP | POP | Catlin |
|------------------------------|----------------------|-------------------|-------------------|-------------------|-----------|-----------|-----------|------|-----------|
| | West | East | West | East | North | South | | | |
| Monday 6:00 | | | | | | | | | |
| - 7:30 7:30 - 9:00 | U11 Boys | Young Keepers | | | U10 Boys | U10 Girls | | Jrs. | |
| | U13-15 B Funct.T. | U16-18 B Funct.T. | U13-15 G Funct.T. | U16-18 G Funct.T. | | | | | |
| Tuesday 6:00 | | | | | | | | | |
| - 7:30 7:30 - 9:00 | U16 Boys | U14 Girls | U13 Boys | | U11 Girls | | | | U12 Girls |
| | U15 Girls | | U16 Girls | | U15 Boys | U18 Girls | | | U17 Girls |
| Wednesday 6:00 - 7:30 | U11 Boys | | U13 Boys | U12 Boys | U13 Girls | U10 Boys | U14 Girls | Jrs. | |
| 7:30 - 9:00 | U16 Boys | U14 Boys | U18 Boys | U17 Boys | U15 Boys | | | | |
| Thursday 6:00 - 7:30 | U14 Boys | | U10 Girls | U11 Girls | U12 Boys | | U18 Boys | | U12 Girls |
| 7:30 - 9:00 | U16 Girls | U15 Girls | U18 Girls | U17 Boys | U13 Girls | | | | U17 Girls |
| Friday 6:00 - 7:30 | | | | | | | | | |
| 7:30 - 9:00 | | | | | | | | | |
| Saturday | | | | | | | | | |
| Sunday | | | | | | | | | |

F.C. Portland Training Schedule Feb 8-14

| Day/Time | Clive Charles (West) | | Stadium (Central) | | JV (East) | | UP | POP | Catlin |
|------------------------------|----------------------|-------------------|-------------------|-------------------|-----------|-----------|-----------|------|-----------|
| | West | East | West | East | North | South | | | |
| Monday 6:00 | | | | | | | | | |
| - 7:30 7:30 - 9:00 | U11 Boys | Young Keepers | | | U10 Boys | U10 Girls | | Jrs. | |
| | U13-15 B Funct.T. | U16-18 B Funct.T. | U13-15 G Funct.T. | U16-18 G Funct.T. | | | | | |
| Tuesday 6:00 | | | | | | | | | |
| - 7:30 7:30 - 9:00 | U16 Boys | U14 Girls | U13 Boys | | U11 Girls | | | | U12 Girls |
| | U15 Girls | | U16 Girls | | U15 Boys | U18 Girls | | | U17 Girls |
| Wednesday 6:00 - 7:30 | | | | | | | | | |
| 7:30 - 9:00 | U11 Boys | | U13 Boys | U12 Boys | U13 Girls | U10 Boys | U14 Girls | Jrs. | |
| | U16 Boys | U14 Boys | U18 Boys | U17 Boys | U15 Boys | | | | |
| Thursday 6:00 - 7:30 | | | | | | | | | |
| 7:30 - 9:00 | U14 Boys | | U10 Girls | U11 Girls | U12 Boys | | U18 Boys | | U12 Girls |
| | U16 Girls | U15 Girls | U18 Girls | U17 Boys | U13 Girls | | | | U17 Girls |
| Friday 6:00 - 7:30 | | | | | | | | | |
| 7:30 - 9:00 | | | | | | | | | |
| Saturday | | | | | | | | | |
| Sunday | | | | | | | | | |

F.C. Portland Training Schedule Feb 15-21

| Day/Time | Clive Charles (West) | | Stadium (Central) | | JV (East) | | UP | POP | Catlin |
|------------------------------|----------------------|-------------------|-------------------|-------------------|-----------|-----------|-----------|------|-----------|
| | West | East | West | East | North | South | | | |
| Monday 6:00 | | | | | | | | | |
| - 7:30 7:30 - 9:00 | U11 Boys | Young Keepers | | | U10 Boys | U10 Girls | | Jrs. | |
| | U13-15 B Funct.T. | U16-18 B Funct.T. | U13-15 G Funct.T. | U16-18 G Funct.T. | | | | | |
| Tuesday 6:00 | | | | | | | | | |
| - 7:30 7:30 - 9:00 | U16 Boys | U14 Girls | U13 Boys | | U11 Girls | | | | U12 Girls |
| | U15 Girls | | U16 Girls | | U15 Boys | U18 Girls | | | U17 Girls |
| Wednesday 6:00 - 7:30 | U11 Boys | | U13 Boys | U12 Boys | U13 Girls | U10 Boys | U14 Girls | Jrs. | |
| 7:30 - 9:00 | U16 Boys | U14 Boys | U18 Boys | U17 Boys | U15 Boys | | | | |
| Thursday 6:00 - 7:30 | U14 Boys | | U10 Girls | U11 Girls | U12 Boys | | U18 Boys | | U12 Girls |
| 7:30 - 9:00 | U16 Girls | U15 Girls | U18 Girls | U17 Boys | U13 Girls | | | | U17 Girls |
| Friday 6:00 - 7:30 | | | | | | | | | |
| 7:30 - 9:00 | | | | | | | | | |
| Saturday | | | | | | | | | |
| Sunday | | | | | | | | | |

F.C. Portland Training Schedule Feb 22-28

| Day/Time | Clive Charles (West) | | Stadium (Central) | | JV (East) | | UP | POP | Catlin |
|------------------------------|----------------------|-------------------|-------------------|-------------------|-----------|-----------|-----------|------|-----------|
| | West | East | West | East | North | South | | | |
| Monday 6:00 | | | | | | | | | |
| - 7:30 7:30 - 9:00 | Jr Academy | Young Keepers | U12 Boys | U11 Boys | U10 Boys | U10 Girls | | Jrs. | |
| | U13-15 B Funct.T. | U16-18 B Funct.T. | U13-15 G Funct.T. | U16-18 G Funct.T. | | | | | |
| Tuesday 6:00 | | | | | | | | | |
| - 7:30 7:30 - 9:00 | U16 Boys | U14 Girls | U13 Boys | | U11 Girls | | | | U12 Girls |
| | U15 Girls | | U16 Girls | | U15 Boys | U18 Girls | | | U17 Girls |
| Wednesday 6:00 - 7:30 | Jr Academy | U13 Boys | U11 Boys | | U13 Girls | U10 Boys | U14 Girls | Jrs. | |
| 7:30 - 9:00 | U16 Boys | U14 Boys | U18 Boys | U17 Boys | U15 Boys | | | | |
| Thursday 6:00 - 7:30 | U14 Boys | | U10 Girls | U11 Girls | U12 Boys | | U18 Boys | | U12 Girls |
| 7:30 - 9:00 | U16 Girls | U15 Girls | U18 Girls | U17 Boys | U13 Girls | | | | U17 Girls |
| Friday 6:00 - 7:30 | | | | | | | | | |
| 7:30 - 9:00 | | | | | | | | | |
| Saturday | | | | | | | | | |
| Sunday | | | | | | | | | |

F.C. Portland Training Schedule Mar 1 - 7

| Day/Time | Clive Charles (West) | | Stadium (Central) | | JV (East) | | UP | POP | Catlin |
|------------------------------|----------------------|-------------------|-------------------|-------------------|-----------|-----------|-----------|------|-----------|
| | West | East | West | East | North | South | | | |
| Monday 6:00 | | | | | | | | | |
| - 7:30 7:30 - 9:00 | Jr Academy | Young Keepers | U12 Boys | U11 Boys | U10 Boys | U10 Girls | | Jrs. | |
| | U13-15 B Funct.T. | U16-18 B Funct.T. | U13-15 G Funct.T. | U16-18 G Funct.T. | | | | | |
| Tuesday 6:00 | | | | | | | | | |
| - 7:30 7:30 - 9:00 | U16 Boys | U14 Girls | U13 Boys | | U11 Girls | | | | U12 Girls |
| | U15 Girls | | U16 Girls | | U15 Boys | U18 Girls | | | U17 Girls |
| Wednesday 6:00 - 7:30 | Jr Academy | U13 Boys | U11 Boys | | U13 Girls | U10 Boys | U14 Girls | Jrs. | |
| 7:30 - 9:00 | U16 Boys | U14 Boys | U18 Boys | U17 Boys | U15 Boys | | | | |
| Thursday 6:00 - 7:30 | U14 Boys | | U10 Girls | U11 Girls | U12 Boys | | U18 Boys | | U12 Girls |
| 7:30 - 9:00 | U16 Girls | U15 Girls | U18 Girls | U17 Boys | U13 Girls | | | | U17 Girls |
| Friday 6:00 - 7:30 | | | | | | | | | |
| 7:30 - 9:00 | | | | | | | | | |
| Saturday | | | | | | | | | |
| Sunday | | | | | | | | | |

F.C. Portland Training Schedule Mar 8-14

| Day/Time | Clive Charles (West) | | Stadium (Central) | | JV (East) | | UP | POP | Catlin |
|------------------------------|----------------------|-------------------|-------------------|-------------------|-----------|-----------|-----------|------|-----------|
| | West | East | West | East | North | South | | | |
| Monday 6:00 | | | | | | | | | |
| - 7:30 7:30 - 9:00 | Jr Academy | Young Keepers | U12 Boys | U11 Boys | U10 Boys | U10 Girls | | Jrs. | |
| | U13-15 B Funct.T. | U16-18 B Funct.T. | U13-15 G Funct.T. | U16-18 G Funct.T. | | | | | |
| Tuesday 6:00 | | | | | | | | | |
| - 7:30 7:30 - 9:00 | U16 Boys | U14 Girls | U13 Boys | | U11 Girls | | | | U12 Girls |
| | U15 Girls | | U16 Girls | | U15 Boys | U18 Girls | | | U17 Girls |
| Wednesday 6:00 - 7:30 | Jr Academy | U13 Boys | U11 Boys | | U13 Girls | U10 Boys | U14 Girls | Jrs. | |
| 7:30 - 9:00 | U16 Boys | U14 Boys | U18 Boys | U17 Boys | U15 Boys | | | | |
| Thursday 6:00 - 7:30 | U14 Boys | | U10 Girls | U11 Girls | U12 Boys | | U18 Boys | | U12 Girls |
| 7:30 - 9:00 | U16 Girls | U15 Girls | U18 Girls | U17 Boys | U13 Girls | | | | U17 Girls |
| Friday 6:00 - 7:30 | | | | | | | | | |
| 7:30 - 9:00 | | | | | | | | | |
| Saturday | | | | | | | | | |
| Sunday | | | | | | | | | |

F.C. Portland Training Schedule Mar 15-21

| Day/Time | Clive Charles (West) | | Stadium (Central) | | JV (East) | | UP | POP | Catlin |
|------------------------------|----------------------|-------------------|-------------------|-------------------|-----------|-----------|-----------|------|-----------|
| | West | East | West | East | North | South | | | |
| Monday 6:00 | | | | | | | | | |
| - 7:30 7:30 - 9:00 | Jr Academy | Young Keepers | U12 Boys | U11 Boys | U10 Boys | U10 Girls | | Jrs. | |
| | U13-15 B Funct.T. | U16-18 B Funct.T. | U13-15 G Funct.T. | U16-18 G Funct.T. | | | | | |
| Tuesday 6:00 | | | | | | | | | |
| - 7:30 7:30 - 9:00 | U16 Boys | U14 Girls | U13 Boys | | U11 Girls | | | | U12 Girls |
| | U15 Girls | | U16 Girls | | U15 Boys | U18 Girls | | | U17 Girls |
| Wednesday 6:00 - 7:30 | Jr Academy | U13 Boys | U11 Boys | | U13 Girls | U10 Boys | U14 Girls | Jrs. | |
| 7:30 - 9:00 | U16 Boys | U14 Boys | U18 Boys | U17 Boys | U15 Boys | | | | |
| Thursday 6:00 - 7:30 | U14 Boys | | U10 Girls | U11 Girls | U12 Boys | | U18 Boys | | U12 Girls |
| 7:30 - 9:00 | U16 Girls | U15 Girls | U18 Girls | U17 Boys | U13 Girls | | | | U17 Girls |
| Friday 6:00 - 7:30 | | | | | | | | | |
| 7:30 - 9:00 | | | | | | | | | |
| Saturday | | | | | | | | | |
| Sunday | | | | | | | | | |

